




# 2021 Trampoline & Tumbling Competition Handbook

## Message from TC Chair:

Due to the impact of the COVID-19 Pandemic, there are only minor changes to the discipline specific competition structures for 2021. Please download and study the discipline structures to ensure that you understand how these changes affect your gymnasts and the competitions.

## Version History

The Trampoline & Tumbling Technical Committee reserves the right to make amendments to this Handbook.

Notification of a change to the Handbook will be communicated through the [British Gymnastics website](#)  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

**Version 1.0 – Original Published 29.7.20**


**Version 3.0 – All events cancelled, new Age Group Open Competition published 26.4.21**

## Contents

Definition of Terms.....	6
Contact Information.....	7
<b>Technical Committee</b> .....	7
<b>British Gymnastics Contact Details</b> .....	7
National Competition Calendar.....	8
Eligibility.....	9
Membership.....	9
<b>Safeguarding</b> .....	11
<b>Nationality</b> .....	11
<b>Entry Process</b> .....	13
Guests.....	13
<b>Methods of Payment</b> .....	13
<b>Late Entries</b> .....	13
<b>Withdrawals and Substitutions</b> .....	14
<b>Non-Participation Fee</b> .....	14
<b>Registration</b> .....	15
<b>Order of Performance</b> .....	15
<b>Music (where applicable)</b> .....	15
<b>Late Music Submission (where applicable)</b> .....	15
<b>Access to Warm up Hall</b> .....	15
<b>Food and Drink</b> .....	16
<b>Babies and Young Children</b> .....	16
<b>Medical Provision</b> .....	16
<b>Medal Ceremonies</b> .....	16
<b>Tenure of Trophies</b> .....	16
Privacy.....	16
<b>Video, Film and Photography</b> .....	17
<b>Health &amp; Safety</b> .....	17
<b>Overnight Stays</b> .....	17
<b>Drug Free Sport</b> .....	18
<b>Manipulation of Competition</b> .....	<b>18</b>
<b>Advertising on Clothing &amp; Competition Attire at Events</b> .....	18
<b>Terms &amp; Conditions of Entry to All Competitions</b> .....	18
Trampoline and Tumbling Technical Information.....	19
Eligibility.....	19
Code of Conduct.....	19
Regional Representation.....	19

Age Policy.....	19
Competition Attire.....	19
British Gymnastics Age Group Open .....	23
Appendices.....	26
Appendix 1 - Home Nations, English Regions & Island Associations .....	26
Appendix 2- Coaching.....	27

## Definition of Terms

- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the supervising coach. Assisting coach(es) must meet all of the relevant eligibility requirements.
- **BGF** means British Gymnastics Foundation
- **British Gymnastics Nomination Panel** – Performance Team, Senior Performance Manager & Chair of The National Trampoline & Tumbling Technical Committee.
- **Championships** means any British Championship organised by or on behalf of British Gymnastics.
- **Chaperone** In exceptional circumstances chaperones may be permitted to fulfil a pastoral care role. Chaperones under no circumstances shall be permitted to Coach gymnasts.
- **CJP** means Chair of Judging Panel
- **Coach(es)** are those Coach(es), Lead, Supervised, Assisting Coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. These coach(es) must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Any changes to these coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to supervising coaches will only be permitted where the replacement coach meets all of the relevant Eligibility requirements
- **Code** means the Code of Points used for the competition, from which technical information and regulations are taken.
- **CPSU** means Child Protection in Sport Unit
- **DBS** means Disclosure Barring Service, Access NI Eligibility or PVG
- **Event** means any national competition and championships organised by or on behalf of British Gymnastics.
- **FIG** means Federation International de Gymnastique
- **GEL** means Gymnastics Enterprise Ltd, trading as British Gymnastics Official Shop
- **Independent** means gymnasts who are not members of a British Gymnastics registered club but hold appropriate British Gymnastics membership.
- **Lead Coach** The coach taking overall responsibility for all the gymnasts from their club/region. The Lead Coach must be present in the competition arena throughout the event to take responsibility for their coaches and gymnasts. The Lead Coach must possess sufficient qualification to cover all the skills that any of their gymnasts will be performing within the competition.
- **NDP** means National Development Plan
- **Officials** are people recruited to assist with the delivery of the overall event e.g. Floor Manager, Ceremonies Manager, Spectator Tickets Manager
- **Organiser** means the Trampoline Gymnastics National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of British Gymnastics
- **Regional NDP Compulsory Series** means the 2/3 events run within each Region under the national rules, which will ordinarily take place between October and February each year leading to the Regional NDP Compulsory Final by 31<sup>st</sup> March.
- **TC** means the Trampoline Gymnastics Technical Committee of British Gymnastics and/or any Technical Committees appointed from time to time acting with the appropriate delegated authority.
-  means it is a hyperlink to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

## Contact Information


### Technical Committee

Chair	Sharon Wood	<a href="mailto:sharon.wood@british-gymnastics.org">sharon.wood@british-gymnastics.org</a>
National Competition Organiser (co-opted)	Andrew Aistrup	<a href="mailto:trampolining.competitions@british-gymnastics.org">trampolining.competitions@british-gymnastics.org</a>
National Judging Co-Ordinator	Andrew Jones	<a href="mailto:andrew.jones@british-gymnastics.org">andrew.jones@british-gymnastics.org</a>
Disability Representative	Dawn Lawson	
Trampoline & DMT Coach Education Representative	Vacant	
Tumbling Coach Education Representative	Alan Lavelle	
DMT Representative	Phil Dodson	
Co-opted TC member (WC Liaison)	Clive Morgan	

### British Gymnastics Contact Details

Customer Support	0345 1297129	<a href="mailto:customersupport@british-gymnastics.org">customersupport@british-gymnastics.org</a>
------------------	--------------	--

## National Competition Calendar

	<b>Event &amp; Date</b>	<b>Opening Date</b>	<b>Closing Date</b>	<b>Venue</b>
	British Gymnastics Age Group Open 2 <sup>nd</sup> – 3 <sup>rd</sup> October	9 <sup>th</sup> July	Noon 20 <sup>th</sup> August	International Centre, Telford

## Competition Structures

Please refer to the relevant booklets for information on the competition structures for Trampoline, Tumbling and Double Mini-Trampoline:

[Trampoline Domestic Competition Structure](#) 

[Double Mini-Trampoline Domestic Competition Structure](#) 

[Tumbling Domestic Competition Structure](#) 

[Disability Trampoline Competition Structure](#) 

[Disability Double Mini Trampoline Competition Structure](#) 

[Disability Tumbling Competition Structure](#) 

[Trampoline FIG Synchronised Competition Structure](#) 

[British Club Teams Technical Requirements](#) 



## Eligibility

### Membership

All persons attending British Gymnastics events in an official capacity, whether as a gymnast, coach or judge are required to hold current British Gymnastics membership in line with the level of competition entered and awards held.

- **Gymnasts**


Membership level must be Competitive Gymnast, Coach or Life Members of British Gymnastics in order to enter a British Gymnastics Event.

In normal circumstances, gymnasts should also be a member of a British Gymnastics registered club.

In exceptional cases, where a gymnast does not belong to a British Gymnastics registered Club, they must contact the Events Department and request entry into the Event. If granted, such gymnasts will be given the classification as being “Independent”. In such circumstances Independent gymnasts must nominate a coach and must also meet all other membership requirements.

For all Grades/NDP Events, gymnasts must hold current British Gymnastics membership at the time of the Regional qualification Events. Anyone discovered to have been without the correct level of membership for these qualification Events will be disqualified.


- **Lead Coaches**

Lead Coaches’ membership level must be Coach or Life Members of British Gymnastics and coaches must be qualified to the level of all the skills being performed by all Gymnasts in the club/region before being allowed to participate in a British Gymnastics Event. Lead Coaches must have current safeguarding and DBS certificates, please see Safeguarding section. The Lead Coach may authorise other coaches from their club/region to coach skills at a maximum of 1 level higher than that coaches’ qualification but has responsibility for ensuring that they are competent to do so. For further information on the changes introduced for Lead and Supervising coaches, please click here 

- **Coaches**

Coaches’ membership level must be Coach or Life Members of British Gymnastics and Coaches must be qualified to a minimum of level 2. Coaches must be qualified to the level of all the skills being performed by the Gymnasts for which they are responsible. Coaches must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Supervised Coaches**

To be a Supervised Coach you must be a minimum of Level 2. With the explicit authorisation of the lead coach, Supervised Coaches may coach skills at the maximum of 1 level higher than their current qualification before being allowed to participate in a British Gymnastics Event, in this instance the Supervised coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified. For further information on the changes introduced for Lead and Supervising coaches, please click here 

- **Assisting Coaches**

Assisting Coaches’ Membership level must be Assistant Coach (if Level 1), Coach or Life Members of British Gymnastics before being allowed to participate in a British Gymnastics Event. Assisting coaches must have current safeguarding and DBS certificates, please see Safeguarding section. Assisting Coaches cannot be responsible for the Gymnasts.

- **Choreographer**

Choreographers’ Membership level must be Competitive Gymnast, Assistant Coach (if Level 1), Coach or Life Members of British Gymnastics before being allowed to participate in a British Gymnastics Event. Choreographers must have current safeguarding and DBS certificates. Please see Safeguarding section.

- **Disability Chaperone**

Chaperones may be permitted to provide pastoral care to gymnasts in certain circumstances. Under no circumstances may a Disability Chaperone coach a gymnast. In the case where a gymnast has a disability, the nature of which indicates that it is deemed necessary to have additional support, they will be entitled to have a carer present with them throughout the competition. The Disability Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Disability Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Disability Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline specific code of points) if entering the warm-up hall or field of play.

- **Medical Chaperone**

In exceptional cases, upon written request, a Medical Chaperone may be approved to provide pastoral care to a gymnast with a medical condition. Written medical verification of the need for the carer (from a GP or other medical practitioner) will be required to be submitted to the Events department at least 1 week prior to start of the Event. The Medical Chaperone will not be insured by British Gymnastics to take part in any type of recognised gymnastic activity. The Medical Chaperone will be required to sign a code of conduct to ensure they understand the role they are fulfilling within the event environment. The Medical Chaperone will be required to be dressed appropriately (please refer to the relevant section of the discipline code of points) if entering the warm-up hall or field of play.

- **Supervising Chaperone**

The TC may authorise Supervising Chaperones to assist with pastoral care for gymnasts. These entitlements, if applicable will be defined in the specific competition pages. In these circumstances the Supervising Chaperones must either be qualified as a Level 1 Assistant Coach or be a club/regional Welfare Officer and hold the relevant membership and qualifications, DBS & SPC for their position(s). Supervising Chaperones will not be permitted to enter the field of play.


- **Judges**

Judges' membership level must be Judge or Life Members of British Gymnastics for Club/County/Regional Judges, and National/Brevet Judge or Life Members of British Gymnastics for National and Brevet Judges before being allowed to officiate at a British Gymnastics Event.

From time to time British Gymnastics may invite international judges to officiate at British Gymnastics events, as such they will not require British Gymnastics membership.

Judges must also hold a current cycle of judging award (Cycle 14)

British Gymnastics does not require judges to complete a criminal record check to judge at British Gymnastics competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI Eligibility\*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. British Gymnastics no longer requires all judges to complete safeguarding training, but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

\* Judges who hold Scottish Gymnastics membership should refer to [Scottish Gymnastics](#)  for further guidance as to whether a check is required.

For further information on membership levels please visit the [British Gymnastics website](#). 

## **Coach Qualifications**

When submitting entries for a British Gymnastics event, clubs/regions must ensure that where applicable, the nominated Lead Coach is qualified to the level of performance of all the participants from their club/region. Supervising Coaches must be a minimum of level 2. With the explicit authorisation of the Lead Coach, Supervising Coaches may coach skills at the maximum of 1 level higher than their current qualification. If coaching at one level higher than their current qualification, coaches must have completed the relevant course or module of the next coaching level covering those skills, although they may not yet be signed off as qualified.

All coaches must have completed the British Gymnastics Positive Coaching module.

All Coaches entered into the event entry MUST be the same ones attending the event. It is unacceptable to enter a coach you know will not be attending. The Lead Coach has the ultimate responsibility for all the participants from their club/region and that of the Supervising Coaches, Assistant Coaches, Chaperones & Choreographers.

Lead Coaches entered onto the event entry MUST be the same ones attending the event. It is unacceptable to enter a coach you know will not be attending. It is the clubs responsibility to ensure that only accredited coaches are on the Field of Play. Coaches who are used to push mats must be at least a level 2. Lead Coaches have a duty of care towards their performers

and have responsibility to ensure that all of the coaches under their supervision are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Additional Chaperones may be accredited; at the discretion of the Organiser, to be present in the warm up arena to assist with the pastoral care of the gymnasts. Chaperones may not coach the gymnasts.

If it is found that a club is in breach of these policies British Gymnastics reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

## Safeguarding


All Coaches, Lead Coaches Supervised Coaches and Assisting Coaches are required to hold a current British Gymnastics specific DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event. Coaches who do not fulfil this requirement will not be accredited or allowed to participate at British Gymnastics Events.

All Gymnasts must have an accredited coach present on the Field of Play at all times. If a Gymnast attends a competition without a suitably qualified Coach or Supervised Coach they will not be allowed to compete.

Initial Safeguarding training, which is valid for 3 years, must be a face to face workshop and delivered by a recognised training organisation.

British Gymnastics accepts training from the following providers:

- Local Authority Safeguarding
- FA Safeguarding
- UK Coaching Safeguarding and Protecting Children
- NHS Safeguarding
- Specific professional prior learning (Social Worker, Teacher, Police Officer etc)
- (Or Home Country equivalent approved by Scottish Gymnastics/Welsh Gymnastics/Gymnastics N Ireland)

This must be renewed every three years and be valid both at the time of entry and through to the end of the Event.  Coaches are responsible for checking the expiry date of their safeguarding and ensuring they have sufficient time to renew their award prior to the closing date of the event.

To enhance national Safeguarding training, we provide a sport-specific online Safeguarding Refresher course which can be used to renew Safeguarding after completing a face to face course 

Coaches must also have a valid **Disclosure and Barring Service**  disclosure both at the time of entry and through to the end of the Event before being allowed to officiate at a British Gymnastics Event.

## Nationality

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

### British Championships

Only those in possession of a valid United Kingdom passport (and do not hold a FIG licence for another member federation) are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official Competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in Competitions where a British Championships title is being contested. Participation is also subject to approval from

their own FIG Member Federation in accordance with FIG statute. They will receive score(s) but will not receive a ranking in the official Competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official Competition results.

Other British Gymnastics Events:

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Performance Director (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the Competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.

In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Performance Director to take part in British Gymnastics Events. The Technical Committee with approval from the Performance Director will have the discretion to determine whether their scores will contribute towards the official Competition results.

Disclosure


It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have declared their nationality by contacting the events team at point of entry.

#### **Policy for the Participation of Trans People in Gymnastics Competition**

For information on Transgender, please refer to the British Gymnastics Transgender Policy which can be found here 

## Competition Entries

### Entry Process

Entry to all National British Gymnastics Events are Online only. [Complete instructions](#)  for adding an entry via the GymNET online Entry Portal are available to download from the British Gymnastics website.

All entries must be fully submitted electronically to British Gymnastics by the stipulated closing date and time.

Prior to the event, an entry may only be amended by the person making the original entry.

### Guests

If a gymnast wishes to compete as a guest (see Nationality section above for details of guest gymnasts) at a British Gymnastics event the club/coach should contact the events department in the first instance before the closing date. Guest gymnasts will be placed on a waiting list. Following the competition closing date, a decision will be made between the Technical Committee, the Events Department and the Performance Department as to whether the entry can be accepted. If the entry is accepted the entry fee will then become payable and entered into the club basket.

### Disability Gymnastics

Disability Gymnastics is designed to provide competition and development for people whose disability or impairment restricts their mainstream competitive opportunities.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

All clubs and coaches must inform the British Gymnastics Events Team of any gymnasts which have medical conditions that require special consideration at British Gymnastics events. This information should be shared with the British Gymnastics Events Team at the point of competition entry and will enable the British Gymnastics events team to make the necessary reasonable adjustments where possible to cater for the additional needs of each gymnast.

Gymnasts will be required to provide proof of Disability at least six weeks before the event. Please note that unless there is any significant changes, a Disability Classification certificate only needs to be completed once in most cases. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the [Disability Classification](#)

### [Pack](#)

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

### Methods of Payment

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by British Gymnastics within 48 hours of the entry being submitted.

***Entry fees are non-refundable after the closing date.***

### Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions). However, the late entry payments will be capped at £1000 (i.e. the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the British Gymnastics Events department and will then be referred to the Organiser for consideration. The Organiser and British Gymnastics Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

### **Withdrawals and Substitutions**

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Individual & Regional Team Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a gymnast, they can only do so up to one week before the event, in writing to the British Gymnastics event department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme or other event related items.

Where it is necessary to substitute a coach the club must inform the British Gymnastics Events Department, so the coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current and current British Gymnastics specific DBS.

Where there are specific rules and/or processes relating to withdrawals and substitutions please refer to the specific event page.

### **Non-Participation Fee**

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

£25 – Individual / Pair

£50 – Trio / Group / Team

Should a gymnast be withdrawn, for whatever reason, the club or coach must inform the Competition Organiser and Events Department in writing via email or notifying a member of the events team at the registration desk up to the close of registration for the relevant session. Email addresses are listed in the Contact Information on page 6 of this Competition Handbook. Withdrawals will only be accepted via email.

Failure to inform the Events Team and Competition Organiser as laid out above will result in the non-participation fee being charged.

## General Regulations

Coaches' must make adequate provision for the supervision of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

### Registration

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by British Gymnastics.

Specific registration processes where appropriate can be found in the event work plan.

### Order of Performance

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the TC reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

### Music (where applicable)

All music for competition routines must be uploaded onto the GymNET portal at the latest one week before the competition date (see event page for specific time and date). If your gymnast does not require music, please tick the 'Music not required'.

Instructions for submitting music electronically may be found within the [Online Entry Guide](#) 


### Late Music Submission (where applicable)

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to your club basket. In the case of regional entries, the fee will be added to the basket of the person that has made the entry. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

### Music Licensing (where applicable)

All music used in competition routines must conform to the relevant licensing requirements. Details may be found at the following link. 

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL website to confirm the track is included within their repertoire.

To check tracks, go to  scroll to the bottom of the page and click on 'PPL Repertoire Search' enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber or Cirque du Soleil to use the track and pay the relevant licensing fees.

### Access to Warm up Hall

Access to the warm up hall will be limited to the appropriate number of Coaches and Chaperones (where applicable) as defined in the specific details section for each Event. On arrival, coaches will need to register and collect their accreditation from registration. In the case of events spanning more than one day, accreditation will be issued for each day. At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by British Gymnastics.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

## **Food and Drink**

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

## **Babies and Young Children**

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

## **Medical Provision**

Anyone requiring First Aid assistance should speak to either the Competition Organiser or British Gymnastics medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all British Gymnastics Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the British Gymnastics appointed medical officer as to the gymnast's health, medical status and their ability to compete at the event is absolute and final.

## **Medal Ceremonies**

Except in exceptional circumstances, gymnasts who win a medal at a British Gymnastics Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Medals will only be distributed at events not by post. Attire for medal ceremonies is according to FIG World Championships or UEG rules.

## **E-Certificates**

As part of efforts to make British Gymnastics' events more sustainable, printed participation certificates have been replaced by e-certificates. Where applicable, an e-certificate will be sent to the participant's registered email address (or the email address of the person with parental responsibility for the participant) following the event.

## **Tenure of Trophies**

All perpetual trophies remain the property of British Gymnastics.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the British Gymnastics offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

## **Privacy**

### **[British Gymnastics Privacy Notice](#)**

At many events, British Gymnastics may produce event merchandise (eg event tshirts). These may include the names and/or clubs of the gymnasts taking part.

Where competing gymnasts have a disability, it may be necessary to share the details of this disability with Performance staff and the Technical Committee in order to discuss if modifications to rules and processes are appropriate arising from this disability.

The scores, results and "Judgecam" videos from British Gymnastics events, where BGScore is present will be made available in the BGScore App and also published on the British Gymnastics website in the specific event page.



## Video, Film and Photography

Photographs and video footage will be captured at British Gymnastics events.

British Gymnastics accredited photographers and the media may be present and in some cases events may be live streamed by the British Gymnastics TV production team, or broadcast partners. The images taken at events may be used by British Gymnastics, GEL and the British Gymnastics Foundation for the purposes of promotion, education and development of the sport.

They may also be shared with journalists, through social media outlets e.g. Facebook, Instagram, YouTube etc. and our third-party partner organisations for general promotional purposes.


Anyone who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, we will make every effort to ensure any identifiable images of the participant are not published.

British Gymnastics will display clear signage and make announcements about photography and filming at relevant events. Any footage of children and individuals who are vulnerable will be published in accordance with our relevant safeguarding policy.



To make our events entertaining and easy to follow for our audience and fans, we announce and publish information about participants, including nationality, scores and achievements.

Videos of routines performed by participating gymnasts taking part in our major events are made available on the British Gymnastics Score App and website but access is restricted to British Gymnastics members.

We delete event photographs and videos after five years unless we consider them to be of public interest and should consequently be archived for historical purposes. Where images have been published on social media, these platform providers may continue to process your data after the retention period has lapsed.

Any person wishing to use video, film or take photographs must abide by the British Gymnastics Health Safety and Welfare Policy 

Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites.

Clubs may publish some photos but this may only be done in accordance with British Gymnastics Photography Policy  and in conjunction with the British Gymnastics Safeguarding Policy and Health Safety & Welfare Policy 

Flash photography may not be used at any time while gymnasts are warming up or competing.

Photography on the Field of Play by gymnasts, coaches and officials is not permitted.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the British Gymnastics appointed Welfare Officer at the event.

## Health & Safety


The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All British Gymnastics policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding & Protecting Children.

## Overnight Stays


Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be British Gymnastics recognised Safeguarding and Protecting Children award or Home Country equivalent. The appropriate criminal records checks should also have been completed.


For **Overnight Trips** the appropriate form needs to be completed in full and sent to British Gymnastics **at least** four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of **any** overnight stays may invalidate your insurance.

Please note that the British Gymnastics Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance. 

### **Drug Free Sport**

The testing programme may affect any elite gymnast performing at a national standard. Please follow the link to read the [British Gymnastics policy](#) 

### **Manipulation of Competition**


British Gymnastics, as a sports organisation bound by the Olympic Charter and the IOC Code of Ethics, declares our commitment to support the integrity of sport and fight against the manipulation of competitions by adhering to the standards set out in the Olympic Movement Code on the Prevention of the Manipulation of Competitions and by requiring their members to do likewise. Please follow the link to read the [Prevention of Manipulation of Competitions Policy](#) 

### **Advertising on Clothing & Competition Attire at Events**

Participants are permitted to wear and display advertising on their clothing, competition attire and personal equipment on the Field of Play and/or warm up and training halls at British Gymnastics domestic events in alignment with the rules detailed within the [Advertising on Clothing and Competition Attire at Events Policy](#). 

### **Terms & Conditions of Entry to All Competitions**

In addition to British Gymnastics General Rules & Regulations -

- All entrants agree to be treated by British Gymnastics appointed medical staff only and be bound by the decision of British Gymnastics medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. If requested British Gymnastics will redact your details from the published results unless there is a justifiable reason to reject an objection to publication. 
- You agree to abide by the British Gymnastics Photography at Gymnastics events policy.
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.
- In submitting an entry into a British Gymnastics event; you must ensure those individuals whose personal data you are providing may be used by British Gymnastics in relation to the event (this includes gymnasts and people who have parental responsibilities (where the gymnast is a child) coaches, judges and volunteers) are aware and would expect their information to be used, where necessary for pre-event and accreditation information, post event surveys and, where applicable to send out electronic certificates of participation which are sent to gymnasts via their email address registered on their membership account. Please refer to the British Gymnastics membership privacy notice available on our website for further details and information about individual rights.

## Trampoline and Tumbling Technical Information

### Eligibility

#### Code of Conduct

[British Gymnastics National Technical Committee Technical Regulations](#)

[Trampoline Judges Code of Conduct](#)

British Gymnastics, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, Judge, gymnast or team at any time, if they do not comply with British Gymnastics regulations.

#### Regional Representation

Gymnasts may only represent the Region in which their club is situated.

Gymnasts may only represent one Region/Club at any one time in a discipline e.g. TRA. Gymnasts can represent a different Region/Club in another discipline e.g. DMT.

Exceptional circumstances will be considered following written application to the TC.

Where Regional entries are made to a National Event, gymnasts and coaches must be selected according to the National rules **(no Regional variations are permitted)**

Where regional entries provide a pathway to national events coaches must be qualified according to the rules laid out in pages 8 & 9 of the National Competition Handbook.

#### Age Policy

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National British Gymnastics Events is 9 in the year of competition.

Year Born Eligibility for National Competitions 2021	
9 and 10 years born	2012 and 2011
11 and 12 years born	2010 and 2009
13 and 14 years born	2008 and 2007
15 and 16 years born	2006 and 2005
17 and 18 years born	2004 and 2003
17 and 19 years born	2004 to 2002
17 to 21 years born	2004 to 2000
19 + years born	2002 and before
Senior born	2004 and before

\*See age group relevant to each discipline in 2021 competition structures.

To view the complete British Gymnastics age policy please view the [Health & Safety Guidance : Safe Coaching](#)

Gymnasts must compete in their age group. At FIG Level, gymnasts have the option at age 17 to compete in the 17-21 age group or in the Senior category, subject to them being able to meet the minimum criteria for that age group.

#### Competition Attire

- Gymnasts
  - Gymnasts must wear the attire as described in the [British Gymnastics Trampoline British Gymnastics Code of Points](#)
  - Advertising on attire must adhere to FIG rules

- When representing your Club (excluding NDP Individual and Regional Team Finals – Home Nations only), the wearing of GBR or Home Country attire at British Gymnastics Events is strictly forbidden. For the avoidance of doubt, any inclusion of the Union Flag (or home nation flag) within the design of any leotard is expressly forbidden.
  - Strapping – no big contrast with skin colour - refer to British Gymnastics code of points
  - The removal of leotards on the field of play is not allowed
- Coaches
    - Coaches must wear a tracksuit with full length tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes.
    - The wearing of GBR or Home Nation attire at British Gymnastics Events is strictly forbidden
    - Long hair should be braided or tied back so as not to obscure vision.
    - Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per [Health & Safety Guidance: Safe Coaching](#)
  - Spotters
    - Spotters must wear the attire as described in the British Gymnastics Trampoline [British Gymnastics Code of Points](#)

Non compliance may result in removal of the coach/spotter and consequently, for Health and Safety reasons, their gymnast from the competition.

- Judges Uniform
  - Male: Navy blazer or suit, navy trousers, white shirt, British Gymnastics, FIG or plain navy tie, black shoes
  - Female: Navy blazer or jacket, navy skirt or full length trousers, white blouse, black shoes (without heels)
  - Recorders, computer operators and other officials who may be working alongside the judges should dress similarly.

Requests can be made to adopt reasonable clothing modifications at any British Gymnastics Event. All requests must be on the official [British Gymnastics Clothing Modification Request Form](#) and submitted with the competition entry, to allow sufficient time for full consideration of the application and any possible health and safety implications.

For competitors, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the Field of Play during the event. Such mobile devices may only be used for monitoring scores and results, where the BGScore App is in operation.

### Competition Apparatus

For British Gymnastics Events, the following competition apparatus will be used:

- Trampoline: Eurotramp Ultimate 4x4 - Supplied by Gymaid
- Double Mini-Trampoline: Eurotramp Ultimate 6x6 – Supplied by Gymaid
- Tumbling: Skakoun Original (10m run up, 25m track, 6m landing zone) – Supplied by Gymnova

For Club and Regional Qualifying Events, alternative equipment may be used.

For Club and Regional Qualifying Events, the current half inch Double Mini-Trampoline or Ultimate 6x6 DMT may be used.

### Competition cards

It is the coach's responsibility to ensure that the Competition Cards are completed correctly and submitted at registration

- Trampoline and DMT

A trampoline competition card template is available from the downloads section on the [British Gymnastics website](#)

Competition cards must be submitted to the Registration Desk on arrival at the competition and prior to the start of warm up.

Competition cards should be completed in FIG notation only, competition cards may be written in clear English or FIG notation.

For NDP Level the card should be marked with asterisks to indicate required elements in WAGC/FIG 'A' routines, this must be done prior to the card being submitted. Likewise, all elements that require a difficulty mark should be identified before the card can be accepted.

**All cards must be signed by the appropriately qualified Supervising Coach in order to be valid.**

Competitors may not compete without a valid competition card.

- **Tumbling**

Competition cards are required at FIG Development and FIG Performance Level.

Competition cards must be submitted at Registration Desk on arrival at the competition and prior to the start of warm up.

Competition cards should be completed in FIG notation only.

Competitors may not compete without a valid competition card.

**All cards must be signed by the appropriately qualified Supervising Coach in order to be valid.**

**Competition cards are required for all Gymnasts in disability group for all National British Gymnastics events**

### **Inquiries**

An inquiry is only applicable when BGScore is being used to facilitate video feedback

A coach may only inquire about the D score (and ToF, Machine HD or Machine Synchro for TRA).

Inquiries can be made only for the Club/Region's own Gymnasts.

No inquiries can be made about Execution scores, or other penalties.

Inquiry forms will be published in each event workplan.

A coach should register a verbal intention to inquire by approaching the CJP and/or Superior Jury within 2 minutes of the relevant score's publication.

Thereafter, official NTTC inquiry forms must be completed and returned to the Superior Jury within 5 minutes of the initial verbal inquiry. Forms can be obtained from the CJP, Panel Manager or Superior Jury.

The Supervising Coach for the Club/Region of the competing gymnasts places the appeal form with the Superior Jury.

The placement of an inquiry form becomes a contract to pay the appropriate fee if the inquiry is not upheld.


- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned.

If a resolution cannot be made before the start time of the next competitors' routine, the calculated mark will be listed as 'provisional' and will be considered at the end of the competition session and before any award ceremony.

To decide an inquiry, the Superior Jury will review the official video replay system **only**. No other video or photographic evidence can be considered. In the cases of uncertainty, benefit of the doubt will be awarded to the gymnast.

### **Provision of Officials**

The Events Team, in accordance with the Expenditure Guidelines for Technical Committees, Judges & Officials, will book the accommodation for judges and officials appointed by the National Judging Co-ordinators and National Competition Organisers centrally .

Clubs will no longer be required to nominate judges and officials as part of their online entry for any of the National Competitions. Judges will be selected by the National Judging Co-ordinator and we will endeavour to confirm selection 4 weeks prior to each event.

## British Gymnastics Age Group Open

**Date:** 2<sup>nd</sup>-3<sup>rd</sup> October 2021  
**Venue:** International Centre, Telford  
**Opening date:** 9<sup>th</sup> July 2021 TBC  
**Closing date:** Noon 20<sup>th</sup> August 2021 TBC

### Disciplines:

- Individual Trampoline
- Double Mini-Trampoline
- Tumbling
- Disability Individual Trampoline

### Membership requirements:

- Gymnasts are required to have Competitive Gymnast Membership when entering their NDP Regional events.

### Entry Fee:

- £45.00 per gymnast for first discipline entered
- £10.00 per gymnast for each additional discipline entered
- Trampoline, Tumbling & DMT - entries to the National Age Group Open Competition should be made by the individual clubs

**All gymnasts must be members of British Gymnastics to be eligible to enter this competition**

### Code:

- Trampoline:
  - [British Gymnastics Trampoline Code of Points](#)
  - [Trampoline Domestic Competition Structure 2021 \(including disabilities structure\)](#)
- Double Mini-Trampoline:
  - [British Gymnastics Double Mini-Trampoline Code of Points](#)
  - [Double Mini-Trampoline Domestic Competition Structure 2021](#)
- Tumbling:
  - [British Gymnastics Tumbling Code of Points](#)
  - [Tumbling Domestic Competition Structure 2021](#)

### Competition format:

#### All Disciplines - National Levels:

**TRA - Preliminary round (1<sup>st</sup> routine & Voluntary routine) Top 8 Final – 1 x voluntary routine**

**DMT – Preliminary round (2 passes) Top 8 Final – 2 passes (no repeated elements across the 4 passes)**

**TUM – Preliminary round (2 runs) Top 8 Final – 1 run for Age Groups, 2 runs for Seniors**


**Requirements for all routines/passess/runs as per FIG Discipline Competition Structures 2021**

Age Groups – see table below

Competitions will be offered for:

	Trampoline (Individual)	Double Mini-Tramp	Tumbling
<b>FIG Performance Level</b>	9-10 yrs for Women & Men	9-10 yrs for Women & Men	9-10 yrs for Women & Men
	11-12 yrs for Women & Men	11-12 yrs for Women & Men	11-12 yrs for Women & Men
	13-14 yrs for Women & Men	13-14 yrs for Women & Men	13-14 yrs for Women & Men
	15-16 yrs for Women & Men	15-16 yrs for Women & Men	15-16 yrs for Women & men
	17-21 yrs for Women & Men	17-21 yrs for Women & Men	17-21 yrs for Women & Men
	Senior for Women and Men	Senior for Women and Men	Senior for Women & Men
	Trampoline (Individual)	Double Mini-Tramp	Tumbling
<b>Disability Performance</b>	Cat 1 Women & Men U15 Cat 1 Women & Men 15+ Cat 2 Women & Men U15 Cat 2 Women & Men 15+		

**Coach Qualification and Passes:**

- Please see Appendix 2 for the minimum level of coaching qualification required by Lead Coaches.
- Please follow the link to check equivalent levels of qualifications from previous cycles 

The lead coach/supervising coach must have the relevant qualifications and British Gymnastics membership as defined in the eligibility section of this handbook. Qualifications must cover the level of the skills being performed by the gymnasts. In the event of an accident, failure to hold the correct level of qualification may lead to your insurance being negated.

**Coach accreditations per club:**

Number of Gymnasts	Coaches
<b>TRA &amp; TUM</b>	
1-4	2
5-8	3
9+	5
<b>DMT</b>	3
<b>Additional coaches for Disabilities disciplines</b>	3 max

Additional accreditations may be granted by TC on request prior to the start of the event.

**Tie Breaks:**

- Tie-break rules TRA, DMT & TUM as per the British Gymnastics code of Points 

**Awards:**

- Gold, Silver and Bronze medals will be awarded in each competition within each age group and for each gender.
- E-Participation Certificates for all gymnasts



**MINIMUM DD REQUIREMENTS**

	<b>TRA</b>	<b>DMT</b>	<b>TUM</b>
<b>Applies to</b>	2 <sup>nd</sup> and final routine only	Each pass	Each pass
<b>Penalty if minimum DD not achieved (complete routines only)</b>	2.0 for each routine below minimum DD	3.0 for each pass below minimum DD	3.0 for each pass below minimum DD
9-10yrs women	4.1	1.3	3.8
9-10yrs men	4.1	1.6	3.8
11-12yrs women	5.8	1.7	3.9
11-12yrs men	5.8	2.1	3.9
13-14yrs women	7.1	2.1	5.3
13-14yrs men	7.8	2.7	5.3
15-16yrs women	8.3	2.7	6.4
15-16yrs men	9.5	3.2	6.8
17-21yrs women	9.1	3.2	6.9
17-21yrs men	11.0	4.4	7.2
Senior Women	10.5	4.4	7.5
Senior Men	12.0	4.8	9.6

## Appendices

### Appendix 1 - Home Nations, English Regions & Island Associations

#### Home Countries

England  
Scotland  
Wales  
Northern Ireland

#### Website Address

[www.british-gymnastics.org/england](http://www.british-gymnastics.org/england)  
[www.scottishgymnastics.org](http://www.scottishgymnastics.org)  
[www.welshgymnastics.org](http://www.welshgymnastics.org)  
[www.british-gymnastics.org/northern-ireland](http://www.british-gymnastics.org/northern-ireland)

#### English Regions

North  
North West  
Yorkshire  
West Midlands  
East Midlands  
East  
London  
South East  
South  
South West

[www.british-gymnastics.org/north](http://www.british-gymnastics.org/north)  
[www.nwga.co.uk](http://www.nwga.co.uk)  
[www.british-gymnastics.org/yorkshire](http://www.british-gymnastics.org/yorkshire)  
[www.british-gymnastics.org/west-midlands](http://www.british-gymnastics.org/west-midlands)  
[www.british-gymnastics.org/east-midlands](http://www.british-gymnastics.org/east-midlands)  
[www.british-gymnastics.org/east](http://www.british-gymnastics.org/east)  
[www.british-gymnastics.org/london](http://www.british-gymnastics.org/london)  
[www.british-gymnastics.org/south-east](http://www.british-gymnastics.org/south-east)  
[www.british-gymnastics.org/south](http://www.british-gymnastics.org/south)  
[www.british-gymnastics.org/south-west](http://www.british-gymnastics.org/south-west)

#### Island Associations

Isle of Man Gymnastics

[www.iomgymnastics.org](http://www.iomgymnastics.org)

## Appendix 2- Coaching

### TRAMPOLINE (INDIVIDUAL)

Level	Competition	Minimum Coaching Requirement
<b>FIG Performance Level</b>	<b>Individual and Synchro</b>	
	9-10 Women & Men	Level 2 + L3M1
	11-12 Women & Men	Level 2 + L3M2
	13-14 Women	Level 2 + L3M4
	13-14 Men	Level 2 + L3M4
	15-16 Women & Men	Level 2 + L3M4
	*17-21 Women	Level 2 +L3M4
	*17-21 Men	PC
	Senior Women	PC
Senior Men	HPC	
<b>Club Teams</b>	Youth	Level 2
	Junior	Level 2 + L3M4
	Senior	Level 2 +L3M4

The minimum coaching qualification for NDP Level 1 minimum is Level 2

The minimum coaching qualification for NDP Levels 2, 3, 4 is Level 2

The minimum coaching qualification for NDP Levels 5 is Level 2 + L3M1

The minimum coaching qualification for NDP Level 6 is Level 2 + L3M2

Coaches who are used to push mats must be qualified to at least a level 2.

For Synchro, the minimum coaching qualification required will be based on the requirement for the oldest gymnast as stated in the table above.

For Disabilities TRA – the minimum coaching qualification required is Level 2.

\*Coaches do not need a Disability Add On Module to enter Trampoline Gymnasts into a disability competition.

## TUMBLING

Level	Competition	Minimum Coaching Requirement
NDP Level 1	9-10 yrs Women & Men	Tum UKCC Level 2
	11-12 yrs Women & Men	Tum UKCC Level 2
NDP Level 2	9-10 yrs Women & Men	Tum UKCC Level 2
	11-12 yrs Women & Men	Tum UKCC Level 2
	13+ yrs Women & Men	Tum UKCC Level 2
NDP Level 3	11-12 yrs Women & Men	Tum UKCC Level 2
	13-14 yrs Women & Men	Tum UKCC Level 2
	15+ yrs Women & Men	Tum UKCC Level 2
NDP Level 4	U13 yrs Women & Men	Tum L3 Module 1
	13+ yrs Women & Men	Tum L3 Module 1
NDP Level 5	U13 yrs Women & Men	Tum L3 Module 1
	13+ yrs Women & Men	Tum L3 Module 1
FIG Development	9-10 yrs Women & Men	Tum UKCC Level 2
	11-12 yrs Women & Men	Tum UKCC Level 2
	13-14yrs Women & Men	Tum L3 Module 1
	15+yrs Women & Men	Tum L3 Module 1
FIG Performance	9-10 yrs Women & Men	Tum UKCC Level 2
	11-12 yrs Women & Men	Tum UKCC Level 2
	13-14 yrs Women & Men	Tum L3 Module 1
	15-16 yrs Women & men	Tum L3 Module 1
	17-21 yrs Women & Men	Tum L3 Module 1
	Senior Women & Men	Tum L3 Module 1
Club Teams	Youth	Tum UKCC Level 2
	Junior	Tum L3 Module 1
	Senior	Tum L3 Module 1

## DOUBLE MINI-TRAMPOLINE

Level	Competition	Minimum Coaching Requirement
FIG Development	Individual 11-12 Women & Men	Senior
	Individual 13-14 Women & Men	Senior
	Individual 15+ Women & Men	Senior
FIG Performance	Individual 9-10 Women & Men	Senior
	Individual 11-12 Women & Men	Senior
	Individual 13-14 Women & Men	Senior
	Individual 15-16 Men	Senior
	Individual 15-16 Women	Senior
	Individual 17-21 Men	HPC
	Individual 17-21 Women	Senior
	Individual Senior Women & Men	HPC
Club Teams	Youth	Senior
	Junior	Senior
	Senior	Senior

The minimum coaching qualification for NDP Levels 1, 2, 3 & 4 is Club Coach

The minimum coaching qualification for NDP Level 5 is Senior Club Coach