



Domestic Competition Structure

Trampoline (Disabilities) 2021

Trampoline National Technical Committee – Final Version 2nd June 2020

NATIONAL TRAMPOLINE TECHNICAL COMMITTEE

The British Gymnastics (BG) National Trampoline Technical Committee (NTTC) is responsible and accountable to BG for the development and direction of all Trampoline (TRA), Double Mini-Trampoline (DMT) and Tumbling (TUM) in Great Britain.

Clubs should support their region and further progress their gymnasts along the performance paths available.

Please refer to the discipline specific appendix, 2020 for further information.

Notice of main changes to the Competition Structure 2020/21

- All gymnasts entering the NDP or FIG Pathway should refer to the membership section on the BG website for level of membership required (gymnast/gymnast membership/ BG NDP structure)
- Disabilities classification certificate is required for NDP Individual and Regional Team Finals and Spring Series events 6 weeks prior to the competition dates (If no classification certificate obtained may result in non-eligibility to compete)
- Qualification to NDP Individual & Regional Team Finals
- Qualification Scores

Additional Amendments:

FIG rules will apply to all disciplines at the British Championships. The 'zero' score will not apply at these Championships but will remain at the Spring Event Series.

Further details on ALL changes can be found in the Competition Handbook and the Domestic Competition Structure Appendix for this discipline.

Supporting Information

The DIS pathways provide competition experience to assist in the long-term development of all ages and abilities. The REG & NAT structure is not a linear pathway but one of self-select to reflect the gymnast's development stage. Coaches should make realistic choices to provide the best opportunity for the development of the gymnasts that they coach and are advised to focus on the appropriate technical level. There are specific routines that will support the gymnasts' development and performance outcome each year. Please read carefully through all the information provided in the competition handbook, including competition formats, compulsory routines, specific requirements, age groups, minimum difficulty and minimum standards.

CLASSIFICATION:

In order to be eligible for National Disabilities competitions, all competitors must have completed and submitted a Disabilities Gymnastics classification certificate. The disabilities gymnastics classification certificate lists all the eligible impairments.

Categories used:

Category 1 – learning disability

Category 2 – physical or sensory disability

Each category will compete separately – Men's / Women



Domestic Competition Structure

Trampoline (Disabilities)

National Development Plan 2021

British
Gymnastics

TRA DIS CLUB LEVEL & DIS NDP 1

Optional at Regional Events

The NTTC encourage Club Level competition to support the National Development Plan and recommend the following Club Level Plan

Disabilities Club Levels 1-4

Trampoline Individual

- CAT 1 Men/Women
- CAT 2 Men/Women

All gymnasts will be required to perform:

2 x Compulsory Routine

- 2 round cumulative score will determine the ranking
- Incomplete/incorrect routines will result in a zero 'DNF' score
- Time of Flight **will not** be included

OPEN AGE CAT 1 Men's/Ladies CAT 2 Men's/Ladies	DIS CLUB LEVEL 1		DIS CLUB LEVEL 2		DIS CLUB LEVEL 3	
	Compulsory		Compulsory		Compulsory	
	1	Star Jump	1	½ Twist Jump	1	Full Twist Jump
	2	Seat Landing or Hands and Knees Landing	2	Straddle Jump	2	Straddle Jump
	3	To Feet	3	Seat Landing	3	Seat Landing
	4	Tuck Jump	4	To Feet	4	½ Twist to feet
			5	Tuck Jump	5	½ Twist Jump
			6	Full Twist Jump	6	Tuck Jump
					7	Front or Back Landing
					8	To Feet

OPEN AGE CAT 1 Men's/Ladies CAT 2 Men's/Ladies	DIS CLUB LEVEL 4		DIS NDP LEVEL 1 (regional)	
	Compulsory		Compulsory	
	1	Front Landing	1	½ Twist to Front Landing
	2	To Feet	2	To Feet
	3	Straddle Jump	3	Straddle Jump
	4	Seat Landing	4	Seat Landing
	5	½ twist to Feet	5	½ Twist to Seat Landing
	6	Tuck Jump	6	½ Twist to Feet
	7	½ Twist Jump	7	½ Twist Jump
	8	Pike Jump	8	Pike Jump
	9	Back Landing	9	Back Landing
	10	To Feet	10	½ Twist to Feet

Disabilities NDP Level 1 (this level will not qualify to National Individual & Regional Team Finals)

Trampoline Individual

- CAT 1 Men/Women Under 15/Over 15
- CAT 2 Men/Women Under 15/Over 15

All gymnasts will be required to perform:

2 x Compulsory Routine

- 2 round cumulative score will determine the ranking
- Incomplete/incorrect routines will result in a zero 'DNF' score
- Time of Flight **will not** be included

Regions may run Disabilities Club & Disabilities NDP 1 levels as deemed appropriate, however gymnasts competing in this category are not eligible for the Regional Team Final. It is the responsibility of the **Clubs** to ensure that this rule is understood by gymnasts and/or their parents/guardians.

TRA NDP DIS Regional Series NDP Level 2&3

A series of qualification events leading to the NDP Individual & Regional Team Qualifier.

Trampoline Individual

- CAT 1 Men/Women Under 15/Over 15
- CAT 2 Men/Women Under 15/Over 15

Disabilities NDP Levels 2-3

All gymnasts will be required to perform:

1 x Compulsory Routine

1 x Voluntary Routine

- 2 round cumulative score will determine the ranking
- Incomplete/incorrect routines will result in a zero 'DNF' score
- Time of Flight **will not** be included as qualification is based on the execution score only
- A nominated panel (Member of Regional TC, Chair of Panel & 1 x appropriately qualified coach) reserves the right, but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time
- Competition Cards are required
- Minimum tariff must be achieved

Regions may run Disabilities Club levels as deemed appropriate, however gymnasts competing in this category are not eligible for the Regional Team Final. It is the responsibility of the **Clubs** to ensure that this rule is understood by gymnasts and/or their parents/guardians.

The NDP Regional Series events may be used as 'Test' events, enabling gymnasts to try one or more levels (at different competitions) in order to ascertain the appropriate level for them to try and qualify for the NDP Regional Team Qualifier.

Qualification to the NDP Regional Team Qualifier

All gymnasts who achieve a minimum standard, 2 round execution score of 45.0 are eligible to qualify to the NDP Regional Team Qualifier (at the appropriate level the minimum score was achieved).

TRA DIS NDP Regional Team Qualifier

A final event held in the region leading to the NDP Individual & Regional Team Final.

Trampoline Individual

- CAT 1 Men/Women Under 15/Over 15
- CAT 2 Men/Women Under 15/Over 15

Disabilities NDP Levels 2-3

All gymnasts will be required to perform:

1 x Compulsory Routine

1 x Voluntary Routine

- 2 round cumulative score will determine the ranking
- Incomplete/incorrect routines will result in a zero 'DNF' score
- Time of Flight **will not** be included as qualification is based on the execution score only
- Competition Cards are required

- Minimum tariff must be achieved

A nominated panel (Member of TC, Chair of Panel & 1 x appropriately qualified coach), reserves the right, but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time

*Regions may run Disabilities Club levels as deemed appropriate, however gymnasts competing in this category are not eligible for the Regional Team Final. It is the responsibility of the **Clubs** to ensure that this rule is understood by gymnasts and/or their parents/guardians.*

Qualification to the NDP Individual & Regional Team Final

The top 2 ranked gymnasts, per level, per gender will qualify to the NDP Individual & Regional Team Final, providing the minimum execution score of 45.0 has been achieved at the Regional Team Qualifier. In the event of a tie position for 2nd place please see tie break rules below:

Tie Breaks

In case of a tie at any place, the ranking will be determined by the following criteria:

1. The gymnast with the higher sum of the E-scores of both routines prevails
2. The gymnast with the higher sum of the HD-score of both routines prevails
3. If there is still a tie, the tie will not be broken.

TRA DIS NDP Individual & Regional Team Final

Trampoline Individual

- CAT 1 Men/Women Under 15/Over 15
- CAT 2 Men/Women Under 15/Over 15

Disabilities NDP Levels 2-3

All gymnasts will be required to perform:

1 x Compulsory Routine

1 x Voluntary Routine

- 2 round cumulative score will determine the ranking
- Time of Flight **will not** be included
- Competition Cards are required
- Minimum tariff must be achieved

A nominated panel (Member of TC, Chair of Panel & 1 x appropriately qualified coach), reserves the right, but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time.

**TRA NDP DIS Technical Requirements
NDP Level 2&3**

Under 15/Over 15 CAT 1 Men's/Ladies CAT 2 Men's/Ladies	DISABILITIES NDP LEVEL 2		DISABILITIES NDP LEVEL 3	
	Compulsory		Compulsory	
	1	Full Twist Jump	1	BSS (T)
	2	Straddle Jump	2	Straddle Jump
	3	Seat Landing	3	Seat Landing
	4	½ Twist to Seat Landing	4	½ Twist to Seat Landing
	5	½ Twist to feet	5	½ Twist to feet
	6	Pike Jump	6	Pike Jump
	7	Back Landing	7	Back Landing
	8	½ Twist to Feet	8	½ Twist to Feet
	9	Tuck Jump	9	Tuck Jump
10	FSS (T)	10	FSS (P)	
Voluntary Routines	Difficulty Range 1.3 – 1.9		Difficulty Range 2.0 – 3.4	
Minimum Standard to qualify to NDP Regional Team Qualifier		2 round score of 45.0 Execution & Horizontal Displacement (no difficulty)		



Domestic Competition Structure

Trampoline (Disabilities)

Performance Plan 2021

British
Gymnastics

TRA DIS Spring Event Series DIS Performance Level

DIS Performance Level

Trampoline Individual

- CAT 1 Men/Women Under 15/Over 15
- CAT 2 Men/Women Under 15/Over 15

All gymnasts at Disabilities Performance Level will be required to perform:

1 x Compulsory Routine

1 x Voluntary Routine

Trampoline Individual:

- 2 round cumulative score will determine the ranking
- Incomplete/incorrect routines will result in a zero 'DNF' score
- Gymnasts receiving a zero 'DNF' score will not be awarded a medal
- Time of Flight **will not** be included
- Competition Cards are required
- Minimum tariff must be achieved

A nominated panel (Member of NTTC, Chair of Panel & 1 x appropriately qualified coach), reserves the right, but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time

TRA DISABILITIES PERFORMANCE	
Under 15/Over 15 CAT 1 Men/Women CAT 2 Men/Women	1st Routine - Compulsory
	1 BSS (T)
	2 Straddle Jump
	3 Barani (T)
	4 Tuck Jump
	5 BSS (T) to Seat Landing
	6 ½ Twist to feet
	7 ½ Twist jump
	8 Pike Jump
	9 ½ Twist to Front Landing
	10 To Feet
Voluntary Routine	
Minimum Difficulty 3.5	
Minimum Standard to qualify British Championships	Minimum 2 Round Score (E & HD) 47.00

Qualification to British Championships

The top 12 ranked individual gymnasts, per gender from the Spring Event Series Events will qualify for the British Championships. These qualifiers will be calculated from the best, cumulative total score (achieved at the same qualifying event) providing all minimum standards have been achieved. Any additional allocated places may be considered by the NTTC along with the Performance Team.

TRA DIS British Championships DIS Performance Level

DIS Performance Level

Under 15/Over 15

Trampoline Individual

- CAT 1 Men/Women Under 15/Over 15
- CAT 2 Men/Women Under 15/Over 15

All gymnasts at Disabilites Performance Level will be required to perform:

1 x Compulsory Routine

1 x Voluntary Routine

1 x Voluntary Routine (Top 8 Final)

- Time of Flight **will not** be included
- Competition Cards are required
- FIG rules will apply other than:
 - if there are fewer than 8 gymnasts in any age group the score will be cumulative over the 2 rounds of competition (qualification & final)

A nominated panel, (Member of NTTC, Chair of Panel & 1 x appropriately qualified coach) reserves the right, but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time