

## **COACH PROFILE**



**Name:** Ben Kean

**Occupation:** Medical Student

**Place of Birth:** Edinburgh

**Living in:** Dundee

**Trampoline Experience:** 7 years

**Coaching Qualification/Volunteering Experience:** Volunteering since September 2021, Well-being and Protection Level 1, UKCC Level 1 Trampoline Coaching

Ben started trampolining with CETC at East Lothian Active Schools around 2015, and then went on to join the Club and attend classes at Meadowmill.

In September 2021, he started volunteering as a coach as part of his Duke of Edinburgh Award, and then got back into attending trampoline classes himself in 2022 with CETC at Lasswade.

In January 2023, he attended the UKCC Level 1 Trampoline Coaching course, and then passed his practical exam in August 2023, meaning that he is now a qualified Level 1 trampoline coach.

Ben continued coaching regularly at CETC right until he moved to Dundee for university in 2024. He has since joined the University trampoline club where he has had the opportunity to continue coaching and attend competitions across Scotland and Ireland. Currently, he is a cover coach with CETC so that he can still come back whenever he is home from university!

*(Updated 2026)*