

COACH PROFILE



Name: Emily Smith

Occupation: Guardianship Care Manager at Academic Families

Place of Birth: Surrey

Living in: Bonnyrigg

Trampoline Experience: Been jumping for nearly 15 years! Have coached since I did my Level 0 (about 8 years ago) and loved helping out with coaching even before that

Coaching Qualifications: UKCC Level 2

I've been trampolining for most of my life and absolutely love it. I've competed to a relatively high level but always enjoyed the coaching side of things more. I originally started at Gatwick Flyers TC down in Surrey which then became Max Force. I've coached for both clubs and also for the South East Team for a few years which has been great fun.

I went to the University of Nottingham (where I did a BSc Psychology) and coached my uni team for 3 years, as well as being competition secretary and president.

In my year as president, I applied for a grant from the university to purchase a new trampoline which we won and our brand new ultimate made a huge difference to the quality of training we were able to access.

I spent last academic year working with children with additional needs in various schools around Nottingham. I also joined the Northern Universities Trampoline League organising committee, which I will continue to be a part of this year also.

I then moved to Bonnyrigg over the summer and am very much looking forward to starting a new coaching journey at CETC!

(Updated 2025)