

COACH PROFILE



Name: Kirsten Brown

Age: 41

Occupation: Administrative Supervisor

Place of Birth: Edinburgh

Living in: Penicuik

Trampoline Experience: Where to begin!

Coaching Qualifications: UKCC level 2 Trampoline Coach

Kirsten started trampolining when she was the tender age of 8 joining Lasswade Trampoline Club then moving on to Lo-gy Trampoline Club. She competed for her club and country throughout the years until she finally hung up her leotard for good when she was 19 years old.

Taking part in both Scottish and British competitions, winning Scottish titles and participating in British Championships, she also reached dizzy heights and represented Scotland at some international events:

1992 – Nissen Cup, Switzerland

1994 – World Age Group Championships, Portugal

1995 – Aalsmeer Flower Cup, Holland

1996 – World Age Group Championships, Canada

1999 – Aalsmeer Flower Cup, Holland

Kirsten became a judge in 1996 and then a coach in 1998 when trampolining still fell under the banner of the Scottish Trampoline Association which now no longer exists.

Since hanging up her leotard she has continued to coach on and off over the years offering her knowledge and experience to children and adults of all ages.

Kirsten's daughter Skye is also a regular at CETC, following in her mum's footsteps and very much determined to beat her mum's medal and trophy collection!

(November 2021)