

COACH PROFILE



Name: Mathilda Ellis

Occupation: Student/Healthcare Support Worker

Place of Birth: Edinburgh

Lives in: Edinburgh/Dundee

Trampoline/DMT experience: 16 years

Coaching Qualifications: Trampoline Level 3 Modules 1-4, DMT Club Coach

Related qualifications: Safeguarding 3, Regional Trampoline Judge

Mathilda began trampolining with the Active Schools programme in primary school. She went on to join CETC as a member because she loved the sport so much.

She has won various medals at Scottish and Club competitions and competed in multiple Scottish Nationals between 2013-2023.

Mathilda completed her Learn to Coach course in November 2015, followed by UKCC Level 1 in 2018, and Level 2 in spring 2022. She then added the discipline of DMT, completing the Club Coach add on module in December 2023. Most recently, she completed her Level 3 Trampoline Technical Modules 1-4 between July 2024 and February 2026.

She is hoping to further develop her coaching by completing her Level 3 Coaching Theory assessment and DMT Development Coach some time soon.

She loves coaching and passing on knowledge to a new generation of gymnasts.

Alongside coaching, Mathilda is pursuing a career in medicine. She has just finished her Medical Sciences BSc and will be starting a Graduate Entry Medicine program at St Andrews and Dundee Universities in September, but will continue to cover classes at CETC throughout this course!

(Updated 2026)